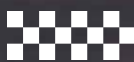




**ALFALFA'S**

*Thanksgiving*



# our holiday

At Alfalfa's, we believe in food.

We believe that food brings people closer together. Once a year, we set aside one day — one meal — for no other reason than to show our gratitude for friends, family, and of course, food. Thanksgiving is a unique American holiday. It does not celebrate a leader's birthday. It does not fall on the anniversary of a military victory. And it is not a religious holiday, but it is celebrated by people of all faiths. Everything stops on the last Thursday of November so that we can each gather with our friends and family to share a meal, to express our thanks. We, at Alfalfa's, can think of no better holiday.

**PREORDERS  
ARE ENCOURAGED**  
SEE BACK PAGE  
FOR DETAILS

## the center of your table

### THANKSGIVING TURKEYS

#### **Diestel All-Natural Turkey**

Known for its full flavor and broad breasts, this turkey is sure to delight your guests. Raised on the range, without the use of antibiotics, and never fed animal by-products.  
**\$2.49/lb Sizes: 8 - 36 lbs.**

#### **Diestel Certified Organic Turkey**

The cleanest, purest turkeys available with a tender, juicy - real turkey flavor. Range grown and fed only certified organic corn and soy for a taste that you'll remember.  
**\$3.79/lb Sizes: 12 - 24 lbs.**

#### **Diestel All-Natural Heirloom Turkey**

These classic turkeys are raised the old-fashioned way. Handled with care, given extra space and a slow growing environment that results in turkeys that are tender and juicy with exceptional flavor.  
**\$3.99/lb Sizes: 12 - 24 lbs.**

### How big of a turkey do you need?

*In general, one pound per person is perfectly proper. But if you have a healthy appetite or love leftovers, two pounds per person will ensure plenty for dinner and enough leftovers for turkey sandwiches. Want some new leftover recipes? Visit [alfalfas.com/recipes](http://alfalfas.com/recipes)*

### PREPARED ENTRÉES

#### **Alfalfa's Sliced All-Natural Roasted Turkey Breast**

Marinated with herbs and smoked spices, this boneless turkey breast is an effortless gourmet twist on turkey.  
**\$9.99/lb (1 lb serves 3)**

#### **GLUTEN-FREE**

ALL-NATURAL TURKEY, SMOKED PAPRIKA, ORGANIC DIJON MUSTARD, LIQUID SMOKE, GMO-FREE CANOLA OIL, ORGANIC ROSEMARY.

#### **Alfalfa's Cedar Plank Salmon**

Fished by a Boulder local, this Alaskan wild sockeye salmon has a sweet mustard glaze.  
**\$8.00 6 oz (serves 1)**

#### **GLUTEN-FREE**

SUSTAINABLE WILD SOCKEYE SALMON, ORGANIC DIJON MUSTARD, LIQUID SMOKE, ORGANIC WORCESTERSHIRE SAUCE, ORGANIC LEMON JUICE, ORGANIC PARSLEY, BLACK PEPPER, ORGANIC SUNFLOWER OIL, SALT.

#### **Alfalfa's Smoked Spiral Sliced Ham**

All-natural, carved off the bone ham with a maple orange glaze.  
**\$11.99/lb (1 lb serves 3)**

#### **GLUTEN-FREE**

ALL-NATURAL HAM, ORGANIC ORANGE JUICE, AND MAPLE SYRUP.

### VEGAN

#### **Tofurky® by Turtle Island Foods\***

Pre-cooked and made from a tofu-wheat protein blend.  
**\$22.99 each  
3.5 lbs (serves 6)**

**VEGAN, MADE WITH ORGANIC GMO-FREE SOYBEANS**

#### **Vegetarian Plus Vegan Turkey**

Shaped like a turkey, this feast comes with stuffing and gravy.  
**\$49.99 each  
6 lbs (serves 8-10)**

**VEGAN, MADE WITH GMO-FREE SOYBEANS**

#### **Field Roast Celebration Roast\***

A roast stuffed with butternut squash, apples and mushrooms, making a unique and tasty dish.  
**\$7.29 1 lb (serves 3)**

**VEGAN**

\*No special order needed, available in the frozen section.



## *all the fixin's*

### SIDES

#### ***Alfalfa's Cornbread Stuffing***

A southern-style classic. Moist sweet cornbread with baked-in jalapeños and red peppers.

**\$5.99/lb (1 lb serves 4)**

#### **VEGETARIAN**

ORGANIC CORNMEAL, ORGANIC JALAPEÑOS, ORGANIC RED PEPPERS, ORGANIC YELLOW ONIONS, ORGANIC GREEN ONIONS, GREEN CHILIES, ORGANIC CILANTRO, ORGANIC BUTTER, ORGANIC MILK, ORGANIC SUGAR, BAKING POWDER.

#### ***Alfalfa's Traditional Stuffing***

A perfectly seasoned and spiced execution of one of Thanksgiving's most anticipated dishes.

**\$4.99/lb (1 lb serves 4)**

#### **VEGETARIAN**

WHEAT BREAD, ORGANIC ONIONS, ORGANIC CELERY, ORGANIC SAGE, ORGANIC THYME, ORGANIC PARSLEY, HOUSEMADE ALL-NATURAL VEGETABLE STOCK, ORGANIC BUTTER, SALT, BLACK PEPPER.

#### ***Alfalfa's Mashed Potatoes - Red Bliss***

Skin on and butter-mashed to perfection.

**\$5.99/lb (1 lb serves 2)**

#### **VEGETARIAN**

ORGANIC RED POTATOES, ORGANIC BUTTER, ORGANIC CREAM, ORGANIC MILK, SALT, BLACK PEPPER.

#### ***Alfalfa's Bourbon Sweet Potatoes***

Ever so slightly sweetened with brown sugar and bourbon, our recipe respects the pure, natural flavors of this harvest vegetable.

**\$5.99/lb (1 lb serves 2)**

#### **VEGETARIAN**

ORGANIC SWEET POTATOES, ORGANIC CREAM, ORGANIC MILK, BOURBON, ORGANIC BROWN SUGAR, SALT, WHITE PEPPER.

#### ***Alfalfa's Green Bean Almondine***

Fresh cut green beans tossed with toasted almonds for a much needed light and refreshing side.

**\$6.99/lb (1 lb serves 4)**

#### **VEGETARIAN GLUTEN-FREE VEGAN**

ORGANIC GREEN BEANS, ORGANIC OLIVE OIL, TOASTED ALMONDS, ORGANIC PARSLEY, ORGANIC THYME.

#### ***Breadworks' Pull-Apart Buns***

Organic and soft, light, and fluffy, these wheat rolls are the perfect compliment to any side.

**\$5.99/12 pack**

### SOUPS

#### ***Alfalfa's Butternut Squash & Plantain Soup***

Light yet creamy goodness. Seasonal spices with the sweetness of butternut squash and plantains.

**\$7.99/32oz (serves 4)**

#### **VEGETARIAN**

ORGANIC BUTTERNUT SQUASH, PLANTAINS, ORGANIC ONIONS, ORGANIC GARLIC, ORGANIC HEAVY CREAM, ORGANIC BROWN SUGAR, ALLSPICE, ANISE, CLOVE, CUMIN, CORIANDER, CINNAMON, CHILI POWDER, NUTMEG, SALT, CAYENNE, ORGANIC BUTTER.

#### ***Alfalfa's Kale, Quinoa & Sweet Potato Soup***

A sweet and savory harvest vegetable soup that welcomes the feast ahead.

**\$7.99/32oz (serves 4)**

#### **VEGAN**

HOUSEMADE ALL-NATURAL VEGETABLE STOCK, ORGANIC SWEET POTATOES, ORGANIC KALE, ORGANIC QUINOA, ORGANIC ONIONS, ORGANIC CELERY, ORGANIC CARROTS, ORGANIC GARLIC, SALT, BLACK PEPPER.



## wine, etc.

### GRAVY & SAUCE

#### **Classic Turkey Gravy**

We start with homemade stock to make this classic and indispensable sauce.

**\$5.99/lb (1 lb serves 6)**

#### **GLUTEN-FREE DAIRY-FREE**

ALL-NATURAL TURKEY, ORGANIC ONIONS, ORGANIC CELERY, ORGANIC CARROTS, HOUSEMADE ALL-NATURAL CHICKEN STOCK, THYME, PARSLEY, CRUSHED RED CHILE, ARROW ROOT.

#### **Hazel Dell Mushroom Miso Gravy**

Locally-grown organic mushrooms fused together for a hearty sauce.

**\$5.99/lb (1 lb serves 6)**

#### **VEGAN, GLUTEN-FREE**

ASSORTED ORGANIC MUSHROOMS, ORGANIC ONIONS, ORGANIC CARROTS, ORGANIC CELERY, ORGANIC TOMATOES, ORGANIC THYME, ORGANIC PARSLEY, CRUSHED RED CHILES, ARROW ROOT, SALT, BLACK PEPPER, ALL-NATURAL GMO FREE RED MISO.

#### **Cranberry Sauce**

Bittersweet and bright, orange zest couples with cranberries for a delightful zing.

**\$8.99/lb (1 lb serves 3)**

#### **VEGAN, GLUTEN-FREE**

NON-GMO CRANBERRIES, ORGANIC ORANGES, ORGANIC ORANGE ZEST, ORGANIC SUGAR.

### PAIRED BEVERAGES

#### **2010 Chateau Lascaux Rosé**

Rosé has been the sommeliers choice for Thanksgiving Dinner for years. From the sweet to the savory, this great 2010 rosé is dry with a crisp light berry flavor and a wonderfully long finish. Pairs especially well with apple pie.

**ON SALE \$18.99 750ml**

#### **2009 George Duboeuf Beaujolais Village**

The Gamay grape does a phenomenal job of showing off your turkey. Most of us have a special wine for this meal, but a good Beaujolais Village really helps the meal sail along nicely. Enjoy the great cherry fruits and a medium body, along with just enough acid to tame those yams.

**\$11.69 750ml**

#### **2009 Leth Gruner Veltliner**

This is the golden grape of Austria that has a laser beam of acidity, which cuts through all of the rich flavors that accompany the big meal. Go ahead and have that extra helping of taters and gravy, this lovely little wine brings on good citrus and apple as well as great minerality.

**ON SALE \$16.99 750ml**

#### **Breckenridge Distillery Bourbon Whiskey**

Great Summit County water is used to distill this fantastic Bourbon. In oak barrels for 3 years, this local bourbon will soothe you with spicy notes of white pepper, roasted sesame and vanilla. Sit back, relax and let the dishes wait for the morning!

**\$43.99 750ml**

### 10% OFF

*Buy any 12 bottles of wine and receive our 10% off case discount.*

*Does not include sale items.*

## cheese & specialty platters

*With hundreds of cheeses and charcuterie choices, we can design a custom platter around your needs and tastes. Stop by and talk to one of our experts. In a hurry? Just call 720.420.8400*



## sweet endings

Mother Nature got it right the first time. You won't find processed baked goods laced with hydrogenated oils, artificial ingredients & high fructose corn syrup at Alfalfa's. Just baked-from-scratch, wholesome goodness.

### **Alfalfa's Pumpkin Pie**

A distinctly original, perfectly spiced pumpkin pie.

**\$9.99 9 inch pie (serves 8)**

PUMPKINS, ORGANIC CREAM, ORGANIC CAGE-FREE EGGS, ORGANIC SUGAR, MAPLE SYRUP, ORGANIC BROWN SUGAR, CINNAMON, SALT, NUTMEG.

### **Alfalfa's Cranberry Walnut Pie**

A unique dessert-table wonder that seamlessly blends Fall's most adored flavors.

**\$16.99 9 inch pie (serves 8)**

ORGANIC ORANGE JUICE, DRIED CRANBERRIES, ORGANIC BROWN SUGAR, WALNUTS, ORGANIC BUTTER, ORGANIC SUGAR, ORGANIC OATS, VANILLA, CORNSTARCH, CINNAMON, ORGANIC FLOUR, NUTMEG, CARDAMOM, CLOVES.

### **Alfalfa's Pecan Pie**

Organic pecans and a specially selected maple syrup will have your lips smacking and eyes rolling in delight.

**\$19.99 9 inch pie (serves 8)**

ORGANIC PECANS, MAPLE SYRUP, HONEY, ORGANIC CAGE-FREE EGGS, ORGANIC BUTTER, ORGANIC FLOUR, VANILLA.

### **Alfalfa's Pumpkin Bread**

A perfect combination of pumpkin, cinnamon and nutmeg will have your guests asking for another slice. Moist & delicious.

**\$5.99 (serves 7)**

PUMPKINS, ORGANIC SUGAR, ORGANIC FLOUR, ORGANIC CAGE-FREE EGGS, SALT, BAKING SODA, BAKING POWDER, CINNAMON, NUTMEG, NON-GMO CANOLA OIL.

### **Alfalfa's Fig Cake**

A holiday classic — Rich, fruity, and sure to impress.

**\$9.99 (serves 7)**

FIG JAM, ORGANIC ORANGES, ORGANIC BUTTERMILK, ORGANIC SUGAR, VANILLA, NON-GMO CANOLA OIL, CINNAMON, ORGANIC CAGE-FREE EGGS, ORGANIC FLOUR, BAKING SODA, NUTMEG, ALLSPICE, CARDAMOM, CLOVES, SALT.

### **ZaZa Raw Pumpkin Vegan Pie**

Everything you love about traditional pumpkin pie, just without the dairy.

**\$29.99 9 inch pie (serves 8)**

### **Shamane's Apple Pie**

A classic balance of sweet and tart flavors with a hint of cinnamon.

**\$19.99 10 inch pie (serves 8)**

### **Pie In The Sky Pumpkin Cheesecake**

A fabulous combination of two iconic dessert classics.

**\$17.99 10 inch pie (serves 8)**

**GLUTEN-FREE**

### **Deby's Gluten-Free Apple Quick Bread**

Apple and spice and everything nice. Delicious and gluten-free.

**\$11.49 (serves 7)**

### **Deby's Gluten-Free Pumpkin Cranberry Quick Bread**

Seasonal spices and classic pumpkin flavor in a moist and gluten-free loaf.

**\$11.49 (serves 7)**

# Friday breakfast

## BREAKFAST FOR YOU & YOUR GUESTS

### **Alfalfa's Squash & Gruyère Quiche**

An easy morning delight for veggie lovers.

**\$14.99 9 inch quiche**

ORGANIC CROOKNECK SQUASH, GRUYÈRE CHEESE, ORGANIC ONIONS, ORGANIC BELL PEPPERS, ORGANIC BUTTER, ORGANIC FLOUR, ORGANIC CAGE-FREE EGGS, ORGANIC HEAVY WHIPPING CREAM, SALT, PEPPER, NUTMEG, PAPRIKA.

**VEGETARIAN**

### **Alfalfa's Sausage & Parmigiano Quiche**

The perfect morning-after meat lovers' breakfast.

**\$14.99 9 inch quiche**

ALL-NATURAL HOMEMADE BREAKFAST SAUSAGE, ORGANIC BELL PEPPERS, ORGANIC ONIONS AND PARMIGIANO REGGIANO, ORGANIC FLOUR, ORGANIC CAGE-FREE EGGS, ORGANIC HEAVY WHIPPING CREAM, SALT, PEPPER, NUTMEG, PAPRIKA.

### **Alfalfa's Homemade Coffee Coffee Cake**

A house favorite. Espresso adds a distinctive flavor to our twist on a classic breakfast treat.

**\$12.99 (serves 6)**

ORGANIC BUTTER, ORGANIC FLOUR, ORGANIC SUGAR, ORGANIC SOUR CREAM, ORGANIC CAGE-FREE EGGS, ORGANIC ESPRESSO BEANS, VANILLA PASTE, BAKING POWDER, BAKING SODA, SALT.

### **Alfalfa's Homemade Banana Bread**

True to its name — You'll go bananas over this moist and delicious traditional sweet bread.

**\$5.99 (serves 7)**

ORGANIC BANANAS, GMO FREE CANOLA OIL, HONEY, ORGANIC BUTTER, ORGANIC CAGE-FREE EGGS, ORGANIC BROWN SUGAR, SALT, BAKING SODA.

### **Alfalfa's Homemade Pumpkin Tartlettes**

Our perfect pumpkin pie hidden inside in a buttery, flaky pastry puff so you have an excuse to eat it in the morning.

**\$1.99 ea**

PUMPKINS, ORGANIC SUGAR, ORGANIC BROWN SUGAR, CINNAMON, NUTMEG SALT, ORGANIC CAGE-FREE EGGS CREAM AND MAPLE SYRUP.

### **Alfalfa's Homemade Pecan Tartlettes**

Pecan pie tucked away in a pastry pocket. What's not to love?

**\$1.99ea**

ORGANIC PECANS, ORGANIC BUTTER, MAPLE SYRUP, HONEY, ORGANIC CAGE-FREE EGGS, ORGANIC ALL-PURPOSE FLOUR, VANILLA PASTE.

### **Alfalfa's Homemade Holiday Muffin Mixer**

Each holiday muffin mixer features a Blueberry, English Tea, Banana Chocolate Chip and an Amazon muffin, all of which are made with organic flour, organic cage-free eggs, and organic sugar.

**\$4.99 (serves 4)**

## COFFEE

### **Stumptown French Roast**

Dark chocolate and brown sugar headline the flavors in a blend geared to please the most discerning of dark roast fans. Pairs well with our coffee cake.

**\$13.95/12oz bag**

**DIRECT TRADE**

### **Ozo Honduras**

Sweet hazelnuts and caramel balance a bright acidity and a honey-like body. Pairs well with our banana bread.

**\$13.95/16oz bag**

**ORGANIC**

## Now taking orders

*We recommend preordering so you can reserve the perfect size turkey for your feast.*

*Order at Guest Services or at the respective department (meat, culinary or bakery) or just call us and we'll be happy to take your order, 720.420.8400.*

**Preorder by November 22nd to guarantee your order.**

# ALFALFA'S

BROADWAY & ARAPAHOE  
WWW.ALFALFAS.COM • 720.420.8400

