

**ALFALFA'S**

# Holidays Menu



2018







# Main Dishes

## BRINED WHOLE TURKEY **NON-GMO**

Mary's All Natural Non-GMO Turkey, Lemon Garlic Herb Brined in House and Cooked to Perfection.

**Turkey sizes (Raw Weight):**  
**8-12lb, 12-16lb, 16-20lb, 20-24lb, 25lb+**  
**4.99/lb**

**GF, DAIRY-FREE**

## BRINED BONE-IN TURKEY BREAST

### **NON-GMO**

Mary's All Natural Non-GMO Turkey, Lemon Garlic Herb Brined in House, Cooked to Perfection and Sliced.

**12.99/lb**

**GF, DAIRY-FREE**

## SEASONED AND RUBBED RIB ROAST

Tender Boneless Rib Roast Seasoned with Salt, Pepper, Garlic, Rosemary, and Orange Zest.

*Cooked to below rare, reheat necessary.*

**21.99/lb \*Minimum 6lb**

**GF, DAIRY-FREE**

## APRICOT BOURBON GLAZED HAM

### **NON-GMO**

Half Spiral Non-GMO Ham with Apricot Bourbon Glaze Hints of Cinnamon and Star Anise.

*Contains: Soy*

**12.99/lb**

**GF, DAIRY-FREE**

## VEGAN WILD RICE AND MUSHROOM STUFFED ACORN SQUASH

Roasted Sweet Acorn Squash Stuffed with Wild Rice, Apples, Mushrooms and Toasted Pecans.

*Contains: Soy, Tree Nuts*

**6.99ea**

**VEGAN, GF**

## GINGER MAPLE SALMON

Salmon Glazed with Maple Syrup, Orange Zest, Lemon Pepper, Grated Ginger.

*Contains: Fish, Soy*

**21.99/lb**

**GF, DAIRY-FREE**

# Complete Meals

## TRADITIONAL TURKEY DINNER **NON-GMO**

- Lemon Garlic Herb Brined Turkey Breast
- Turkey Pan Gravy
- Ginger Apple Cranberry Sauce
- Sausage and Sage Stuffing
- Red Bliss Mashed Potatoes
- Green Bean Casserole
- Turkey Breast Dinner for 2 \$39
- Turkey Breast Dinner for 4 \$79
- Whole Turkey Dinner for 8 \$159

- Red Bliss Mashed Potatoes
- Green Bean Casserole
- Fig Glazed Roasted Winter Vegetables

- Sliced Ham Dinner for 2 \$45
- Sliced Ham Dinner for 4 \$89
- Half Spiral Ham Dinner for 8 \$179

## HOLIDAY RIB ROAST DINNER

- Seasoned Boneless Rib Roast
  - Rosemary Red Wine Demi Glace
  - Red Bliss Mashed Potatoes
  - Green Bean Casserole
  - Fig Glazed Roasted Winter Vegetables
- Cooked to below rare, reheat necessary.*

- Rib Roast Dinner for 2 \$59
- Rib Roast Dinner for 4 \$119
- Rib Roast Dinner for 8 \$199

## HOLIDAY HAM DINNER **NON-GMO**

- Apricot Bourbon Glazed Ham
- Ginger Apple Cranberry Sauce



## VEGAN DINNER FOR 2

- Wild Rice and Mushroom Stuffed Acorn Squash
- Ginger Apple Cranberry Sauce
- Smoked Mushroom Gravy
- Maple Sweet Potato Mash
- Fig Glazed Roasted Winter Vegetables
- Green Bean Casserole
- Vegan Dinner for 2 \$39

**\*All menu items (except Rib Roast) are fully cooked and chilled. Reheating is required.**



## MEATLESS HEMP WELLINGTON

Featuring Hemp Way Foods™ Plant Based "Burger" Crumbles, Yellow Squash, Zucchini, Smoked Mushroom Gravy, Seasoned and Wrapped in Puff Pastry. **Serves Two**  
*Contains: Dairy. Cooking Necessary.*  
**14.99ea VEGAN**



# Side Dishes Made from Scratch

## MAPLE SWEET POTATO MASH

Sweet Potato Mashed with Coconut Milk and Maple Syrup, Sage, Cinnamon, Nutmeg, Cardamom and Thyme.  
*Contains: Coconut, Soy*  
**7.99/lb**  
**VEGAN, GF**

## PECAN CRUSTED SWEET POTATO CASSEROLE

Sweet Potato Mashed with Coconut Milk and Maple Syrup, Sage, Cinnamon, Nutmeg, Cardamom and Thyme. Crusted with Candied Pecans.  
*Contains: Coconut, Soy, Egg, Tree Nuts*  
**9.99/lb**  
**VEGETARIAN, GF**

## RED BLISS MASHED POTATO

Creamy Mashed Red Potatoes with Garlic and Rosemary.  
*Contains: Dairy*  
**4.99/lb**  
**VEGETARIAN, GF**

## CURRIED CAULIFLOWER AND GOAT CHEESE

Honey Roasted Curried Cauliflower with Cranberries and Currants, Goat Cheese and Parmesan.  
*Contains: Dairy, Coconut, Wheat*  
**10.99/lb**  
**VEGETARIAN**

## FIG GLAZED ROASTED WINTER VEGETABLES

Brussels Sprouts, Parsnips and Butternut Squash Tossed with Cranberries and Rosemary in a Maple Fig Glaze.  
**9.99/lb**  
**VEGAN, GF**

## GREEN BEAN CASSEROLE

Fresh Green Beans topped with Smoked Mushroom Gravy and Fried Crispy Onions.  
*Contains: Coconut, Soy*  
**9.99/lb**  
**VEGAN, GF**

## BUTTERNUT SQUASH AND BACON AU GRATIN

Baked Butternut Squash, Bacon and Yukon Potato with Maple and Sage. Finished with a Parmesan Crust.  
*Contains: Coconut, Dairy*  
**9.99/lb**  
**GF**

## -Stuffing Gravy Sauces-

### SAUSAGE AND SAGE STUFFING

Italian Sausage, Egg Bread, Vegetables, Fresh Sage, Thyme and Rosemary.  
*Contains: Wheat, Egg, Dairy*  
**7.99/lb**

### WILD RICE, PECAN AND MUSHROOM STUFFING

Toasted Pecans, Apples, Thyme and Rosemary with Wild Rice, Vegetables and Mushrooms.  
*Contains: Soy, Tree Nuts*  
**7.99/lb**  
**VEGAN, GF**

## SMOKED MUSHROOM GRAVY

Smoked Portobello and Crimini Mushrooms, Vegetables, Sage, Rosemary and Thyme.  
*Contains: Coconut, Soy*  
**5.99/pt - 10.99/qt**  
**VEGAN, GF**

## TURKEY PAN GRAVY

Turkey Stock and Drippings with Apple Cider Vinegar, Rosemary and Sage.  
*Contains: Dairy*  
**4.99/pt - 9.99/qt**  
**GF**

## GINGER APPLE CRANBERRY SAUCE

Tart Cranberries with Hints of Ginger, Lime and Apple. Spiced with Cinnamon and Clove.  
**3.99½pt - 6.99/pt - 12.99/qt**  
**VEGAN, GF**

## VEGAN SIDES FOR 4

**SAVE 20%**

**2lbs each of:**

- Green Bean Casserole
- Wild Rice, Pecan and Mushroom Stuffing
- Fig Glazed Roasted Winter Vegetables
- Maple Sweet Potato Mash

\*No Substitutions

**\$59**

**VEGAN**

# Bakery

## HOUSEMADE PIES

9" Organic Pies, Buttery and Flaky Crust Filled with Only the Finest Ingredients.  
**GF, Vegan Option Available**

### PUMPKIN

*Contains: Wheat, Dairy, Egg*  
**12.99**

### APPLE

*Contains: Wheat, Dairy*  
**18.99**

### PECAN

*Contains: Wheat, Dairy, Egg*  
**18.99**

### CHERRY

*Contains: Wheat, Dairy*  
**18.99**

## ORGANIC HOUSEMADE DINNER ROLLS

*Contains: Wheat, Dairy, Egg*  
**6ct - 2.99 / 12ct - 5.99 / 24ct - 11.99**

## KIM AND JAKE'S DINNER ROLLS

GF and Vegan Dinner Rolls with Olive Oil, Thyme and Rosemary.  
*Contains: Coconut*  
**7.99 9ct**  
**VEGAN, GF**

## BACON CHEDDAR QUICHE

House-cured Bacon, Cheddar Cheese, and Custard Filling with a Housemade Potato Crust.  
*Contains: Dairy, Egg*  
**12.99**  
**GF**

## ROASTED VEGETABLE QUICHE

Seasonal Roasted Vegetables, Swiss Cheese, and Custard Filling with a Housemade Potato Crust.  
*Contains: Dairy, Egg*  
**12.99**  
**GF**

## FLOURLESS CHOCOLATE TORTE

Decadent and Rich Flourless Chocolate Cake, Topped with Ganache and Fresh Raspberries.  
*Contains: Egg - Vegan Option Available*  
**24.99**  
**GF**

## CHEESECAKE

Velvety and Creamy Cheesecake with Graham Crust.  
*Contains: Dairy, Egg - GF Option Available*  
**19.99**

## HOLIDAY PUMPKIN LOG

Classic Pumpkin Sponge Cake Rolled with Cream Cheese Frosting.  
*Contains: Wheat, Dairy*  
**14.99**

## HOLIDAY COOKIE PLATTER

Assortment of Decorated Holiday Cookies.  
*Contains: Wheat, Dairy, Egg - GF Option Available*  
**19.99 12ct**

## WHIPPED CREAM

Housemade with Vanilla Bean and Organic Cream.  
*Contains: Dairy*  
**5.99/lb**  
**GF**





# Alfalpa's Meat Department

**-Cook Your Own Masterpiece- (Uncooked Meat)**

## **-The Complete Platter-**

**HOLIDAY CHEESE AND CHARCUTERIE PLATTER**

Everything you see here including a slate serving tray and chalk. MAKES A GREAT GIFT!

- French Brie Topped with Fig Spread and Crushed Marcona Almonds
  - 12 Month Comte Cheese
  - Ossau Iraty (French Sheep's Milk)
  - Barber's Cheddar
  - Fresh Berries
  - Candied Walnuts
- Contains: Dairy*  
**64.99 (serves 12-16)**  
 As Shown with Prosciutto and Soppresata  
**Add \$10**



## Platters

### SHRIMP PLATTER

Two Pounds of Cooked Shrimp Served with Lemon and our Housemade Cocktail Sauce.  
*Contains: Shellfish, Soy*  
**19.99**

**GF, DAIRY-FREE**

### FRESH FRUIT PLATTER

Assorted and Sliced, Seasonal Melons, Berries and Other Fruits.

**small 44.99 (serves 12-15)**  
**large 74.99 (serves 20-25)**

**GF, VEGAN**

### COLD SMOKED SALMON PLATTER

One Pound of Cold Smoked Salmon With Cream Cheese, Capers, Dill, Cucumber, Red Onion, and Lemon Slices.  
*Contains: Salmon, Dairy*  
**29.99 Add 1 Dozen Bagels for 12.99**  
**GF**

### FRESH VEGETABLE PLATTER

Assorted and Sliced, Seasonal Organic Vegetables. Served with Your Choice of Classic Hummus or Ranch for Dipping.  
*Contains: Dairy, Egg if Ranch is Selected*  
**small 44.99 (serves 12-15)**  
**large 74.99 (serves 20-25)**  
**GF, VEGETARIAN**

### **-Custom Platters and More Choices on Our Catering Menu-**

With hundreds of cheese and charcuterie choices, we can design a custom platter around your needs and tastes. Stop by and talk to one of our experts.

### **-Turkeys-**

**Turkey size ranges: 8-12lb, 12-16lb, 16-20lb, 20-24lb, 24+lb**

#### MARY'S ALL NATURAL NON-GMO TURKEY

A full flavored bird, range-raised on a Non-GMO vegetarian diet with no use of antibiotics, hormones and/or preservatives.

**2.99/lb**

**GF, DAIRY-FREE**

#### MARY'S ORGANIC TURKEY

A delicious center for your table. Certified organic and raised on a hormone and antibiotic-free, vegetarian diet.

**3.99/lb**

**GF, DAIRY-FREE**

#### HOUSE-BRINED NON-GMO TURKEY

Our Mary's All-Natural Non-GMO turkey, expertly brined in house with our lemon, garlic and herb brine and ready for your oven.

**3.49/lb**

**GF, DAIRY-FREE**

### **-Game Birds-**

#### MARY'S GOOSE

An old time delicious holiday tradition that is incredibly moist and flavorful.

**Goose sizes: 7-10lb, 10-13lb**

**7.99/lb**

**GF, DAIRY-FREE**

#### MARY'S WHOLE DUCK

Mary's Duck has a flavorful and rich taste. The aroma and flavor will add wonders to the center of your holiday table. 4-6lb per duck.

**5.99/lb**

**GF, DAIRY-FREE**

### **-Meat Options-**

#### BEEF RIB ROAST

Available plain or seasoned with rosemary and garlic or smoked salt and pepper. This roast can be cradle-cut or Frenched upon request. Order by the bone, up to 7. Each bone serves 1-2 people and averages 2-2.5 lbs.

**12.99/lb**

**GF, DAIRY-FREE**

#### BEEF BONELESS RIB ROAST

Available plain or seasoned with rosemary and garlic or smoked salt and pepper.

**14.99/lb**

**GF, DAIRY-FREE**

#### BEEF GRASSFED BONELESS RIB ROAST

Available plain or seasoned with rosemary and garlic or smoked salt and pepper.

**19.99/lb**

**GF, DAIRY-FREE**

#### BEEF TENDERLOIN

A tender cut perfect for your table. Available plain or seasoned with rosemary and garlic, or smoked salt and pepper.

**19.99/lb**

**GF, DAIRY-FREE**

#### GRASSFED BEEF TENDERLOIN

Tender and lean. This cut is perfect for your holiday table. Available plain or seasoned with smoked salt and pepper or rosemary and garlic.

**22.99/lb**

**GF, DAIRY-FREE**

#### HALF SPIRAL HAM

##### **NON-GMO**

A top quality smoked ham with no added water. This classic preparation is lightly brined, wonderfully marbled, intensely flavored and moist throughout the entire ham. A perfect choice with our housemade Apricot Bourbon Glaze.

**4.99/lb**

**GF, DAIRY-FREE**

### **-Seafood-**

#### CRAB STUFFED SALMON

Sustainably sourced salmon stuffed with delicious crab mix.

*Contains: Shellfish, Wheat, Soy*

**14.99/lb**

**DAIRY-FREE**

#### KING CRAB LEGS

Alaskan king crab legs are packed with succulent and slightly sweet crab meat.

*Contains: Shellfish*

**26.99/lb**

**GF, DAIRY-FREE**

### WHAT SIZE TURKEY DO I NEED?

Our turkeys are sold by size range. We recommend about 2 pounds of turkey per person which should provide plenty for dinner and leftovers.

**8—12 pounds = 4—6 people**  
**12—16 pounds = 6—8 people**  
**16—20 pounds = 8—10 people**  
**20—24 pounds = 10—12 people**  
**25+ pounds = 12+ people**

## *Good Information*

***We recommend pre-ordering so you can reserve the perfect feast. Order at Guest Services, the Holiday Table in both of our stores, on the phone or online.***

***We'll be happy to take your order in Boulder at 720.420.8400, Louisville at 303.335.4200, online at [Alfalfas.com](http://Alfalfas.com) or send an email to [Catering@alfalfas.com](mailto:Catering@alfalfas.com)***

Dishes will be cold upon pickup - all meals come with reheating instructions.

Unfortunately, we cannot accommodate all special requests or substitutions.

48 hours notice is required for all orders and 24 hours notice for cancellations or 50% of your order will be charged to you.

Consuming raw or uncooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions. Though we offer gluten-free options, we are not a certified gluten-free facility and therefore there is the possibility of cross-contamination between ingredients.

BOULDER AT BROADWAY & ARAPAHOE  
720.420.8400  
LOUISVILLE AT SOUTH BOULDER RD & CENTENNIAL  
303.335.4200

**ALFALFA'S**  
LOCAL MARKET